

Community News & Views Ipswich



Dec 24 / Jan 2025

Vol: 31 No 12 Vol: 32 No 12

A Free Magazine!

**IPSWICH 60 AND
BETTER PROGRAM Inc.**

Mission Statement: To enable older people at a local community level to participate in decisions and activities which affect their health and well-being.



A PROGRESSIVE PROGRAM FOR THE OVER 50'S

Funded by



Queensland
Government

*Ipswich 60 and Better Management Committee
and Staff wish you a Joyful Christmas Season
We look forward to seeing you in the New Year
Let's plan for a bright and amazing Year with
more Friendship and Connections and lots of fun
for us all!*



"You can't turn the clock back, but you can wind it up again!"

Ipswich 60 and Better Program Committee Members 2023-2024

President: Irene Strong **Vice President:** Karen Batterham

Secretary: Maureen Davies **Treasurer:** Vivian Sambell

Email: executive@60andbetteripswich.com.au

Committee: Ellenore Lister, Joan Preece, Barbara White, John Durrant,
Gail Durrant, Debra Peace, Shauna McGown

Part Time Office Staff: Co -Co-ordinators - Kerri Lynch (15 hrs) Anne Bertram (10 hrs)

Office Assistant – Lea Ford (10 hrs)

Annual Membership Fee \$20.00 (including GST) pro rata

Contributions to the newsletter are welcome and requests should be in the office by the
1st Monday of the month for consideration by the editing committee.

Convenor updates required by 20th day of the month

Newsletter
Available in
A4

IPSWICH 60 & BETTER PROGRAM Inc.

ABN 85 491 018 335

Riverview & District Community Centre Hall, 138 Old Ipswich Rd, Riverview

Contact: 3282 8644 or **Mobile:** 0493 097 012 during **office hours**

Website: www.60andbetteripswich.com.au; **email:** admin@60andbetteripswich.com.au

The office is closed on Public Holidays

Please contact the Office Staff during Office Hours.

Please contact the office prior to attending as Staff may be attending other groups.

Monday 9am - 5pm; Tuesday 9am - 5pm; Wednesday 9am - 12pm

Please call 3282 8644

If you leave a Message, we will get back to you.

Community News and Views Advertising Rates:

(*includes GST) Full Page: \$99* Half Page: \$66*

Business Card Size: \$44* Strip \$33*

Also available at **www.60andbetteripswich.com.au**

**Email our office to be sent out a request form should you wish to
advertise with us.**

DISCLAIMER: Community News and Views Editing Committee reserves the right to edit all articles as necessary. While all care has been taken in the preparation of this material, no responsibility is accepted by the publisher i.e. Ipswich 60 and Better Program Inc., its staff or volunteers, for any errors, omissions or inaccuracies. The material contained in this newsletter has been prepared to provide general information only. It is not intended to be relied upon or be a substitute for legal, health or any other professional advice. No responsibility can be accepted by Ipswich 60 and Better Program Inc. for any known or unknown consequences that may result from reliance on any information provided in this publication.

President's Pen

What a year we have had! We have made the move to Riverview and the large hall now accommodates more events and meetings for our groups. Our thanks to Ipswich City Council for our new venue and thanks to Beacon Church for our time at Lawson Street Leichhardt.

The Annual General Meeting was held on Tuesday 26 November with photographs on the following pages. A very sincere Thank You to the 2024 Management Committee for their commitment and hard work and please welcome the 2025 Management Committee.

For 2025, Volunteers are needed for: The Newsletter Editors Committee, Reception / Admin and Fundraising subcommittee. Articles are also needed for the Newsletter on various topics. Volunteers are the backbone of our Program and their support is greatly appreciated.

A Volunteer Information Session will be held on **Tuesday 28th January at 10am**. Please let the office know if you will be able to attend. Morning Tea will be provided.

Tuesday 18th February will be our first Meet and Greet for 2025 so mark it in your diary, come along to meet up with old friends and make some new friends.

Storms and Fires Season is now upon us – we have included some information so please be ready and have an Emergency Pack and procedures in place.

Ipswich Garden Spectacular dates for 2025 are for the Autumn event 12th and 13th April and the Spring event is on the weekend of 27th and 28th September. Our heartfelt thanks to the Ipswich Orchid Society for their sponsorship and support of our Program for 2024 and 2025.

Christmas is almost here. **The office closure times are Wed 18th December is the last Office day for 2024 and the Office reopens on Mon 13th January.**

Consider trying out a new group or activity in the New Year. May you have an absolutely wonderful and safe Christmas season. Enjoy yourself with Family and Friends and let's look forward to an awesome 2025.

See you in the New Year *Irene Strong*



Containers for Change

DATE	AMOUNT
Total to Date @ 25th Nov	\$660.60
22/11	\$7.90
22/11	\$8.50
21/11	\$7.00
31/10	\$7.60
31/10	\$17.80
Total to @ 29th Oct	\$611.80

Every little bit helps, ask your friends, family and neighbours.

Thank you to all who are participating in our containers for change drive for 2024.

Take Containers to the collection points or drop in bay.

Scan or use the code **(C10125847)**

- **12 Cole St, Bundamba**
- **355 Brisbane St, West Ipswich**
- **229 Brisbane Rd, Goodna**
- **157 Collingwood Dr, Collingwood Park**
- **33 Belar St, Yamanto**

NB Please remove lids and straws from Poppers. DO NOT CRUSH CANS – Barcode needs to be readable.

MEMBER NUMBER

Ipswich 60 and Better Program Inc.

C10125847



“In the end, it’s not the years in your life that count. It’s the life in your years.”
Abraham Lincoln

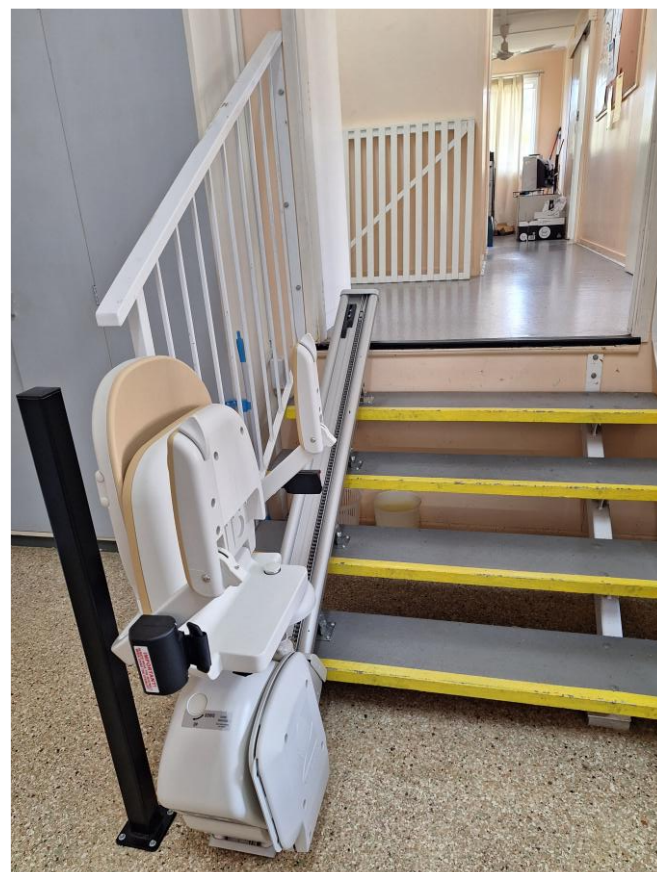
For Sale

Acorn Stair Lift

maximum weight capacity 150 kg with Automatic Turn for dismount. Current track is 5 stairs – internal use only. **Acorn are able to adjust for any number of stairs, upon install. Hardly used.** Offers considered.

Purchaser to arrange own installation through Acorn Stair Lifts.

**For interest Contact office
32828644**





2024-2025 Committee



Executive

Irene Strong (President)

Karen Batterham (Vice President)

Vivian Sambell (Treasurer)

Maureen Davies (Secretary)



Management Committee Members

Joan Preece Barbara White Ellenore Lister

Debra Peace John Durrant Gail Durrant

Shauna McGown

Our heartfelt thanks go to our 2023-24 Management Committee members

Our organisation is 31 years strong
because of the commitment and dedication of our members.

Welcome and thank you to our new and continuing Management
Committee members for 2024-25.



Above: Concert Party Celebrations

Below: 2024-25 Committee with Guests and our Returning Officer: (from left) Marnie Doyle, Shauna McGown, Debra Peace, Karen Batterham, Irene Strong, Ellenore Lister, Barbara White, Terry Carter, Vivian Sambell, John Durrant, Maureen Davies, Deputy Mayor Nicole Jonic, Kerry Silver (Shayne Neumann’s Office) and Keryl Harman (Jennifer Howard’s Office)



**Christmas
@
TAFE**

Everyone
Had a
wonderful
Time
celebrating
the end of
year and as
always
TAFE
catering
was Super!



Some Thoughts Around Christmas Time

December is such a strange month. It becomes incredibly busy as we try and complete the year we have had in work and family life. We are attending numerous breaking up parties, Christmas parties, buying Christmas presents, finishing work tasks, catching up with people and family we won't see at Christmas time and for some packing for a well-earned holiday. 'The line in the Christmas Carol "O Holy Night" – *the thrill of hope, a weary world rejoices* becomes so true as we look to Christmas Day as a day of rest.

As I reflect on my favourite story of the Birth of Jesus Christ. The story of the Shepherds on that first Christmas night. Shepherds in Jesus time were the despised people of the era. They were dirty, smelling, and strange looking. I guess it is what happens when you spend all your time living in the desert with no other company than sheep. Society generally looked down on the shepherds.

Yet when the King of Kings is born and the Angel announces the birth of the saviour; this Angel doesn't visit the rich or popular, the influencers, not even the Chief Priests. The announcement is given to the shepherds. The message of Christmas is that Jesus came for all; the rich, the poor, the average, the marginalised, the lonely, the despised.

In the simplicity, the commonness of that baby born in a manger some 2,000 years ago means that in our everyday life we can find the Divine who can bring us hope and purpose especially when we are tired and weary.

My prayer for you this Christmas is to find peace, hope and safety in the one who came to earth as a baby, who grew up and we know him as our Saviour, Jesus Christ.

Billy Diehm
Pastor
Raceview
Congregational
Church



HOLIDAY DATES FOR GROUPS			
Group	Venue	Finishing Date For 2024	Starting Date For 2025
Monday			
UFO Craft (<u>Un</u> Finished <u>O</u> bjects)	Riverview	16 th December	13 th January
Social Art	Riverview	16 th December	13 th January
Tuesday			
Tai Chi for Health	East Ipswich	19 th November	28 th January
Tai Chi for Health	Goodna	19 th November	4 th February
Table Tennis	Riverview	Playing through	Playing through
Walking	Ipswich CBD	17 th December	14 th January
Wednesday			
Learn to Play Bridge	Cascade Gdns Raceview	Wed 4 th Dec	**Change of Day and Venue**
Indoor Carpet Bowls	Raceview	11 th December	15 th January
Table Tennis	Springfield	18 th December	8 th January
Thursday			
Walking	Queens Park	19 th December	16 th January
Tai Chi for Health (inc Tai Chi for Diabetes)	Cascade Gdns Raceview	12 th December	16 th January
Friday			
Learn to Play Bridge	Riverview	**Change of Day and Venue**	Friday 17 th Jan
Canasta /Cards	Brothers	20 th December	3 rd January
Mahjong	Y Tavern	20 TH December	3 rd January
Concert Party Kath 3201 6075	Raceview	Wed 18 th Dec	Fri 31 st January
Table Tennis	Riverview	Playing through	Playing through

Have a wonderful Christmas holiday!

Book Review with Yvonne



WILD WOOD

Author Posie Graeme-Evans

This book is written in two eras 1321 and 1981. There are two different stories that have similar connections.

In 1321 in the Scottish Borderlands, the de Dieudonne brothers, Maugris and Bayard were fighting with their men in the woods surrounding their home, Hundredfold Castle. Their elder brother, Godefroi was back at the Keep, having recently married the Lady Flore. But the people of Hundredfield were uneasy - there was something about Lady Flore they distrusted; there was hate and unrest all around the villages.

1981 in London, Jesse Marley had just arrived from Sydney Australia - distraught and filled with tension, she had just discovered her whole life had been lived on a lie. She was adopted, and she had only just found it out. Plus not even her birth name as she knew it was correct. She felt betrayed and was desperate to discover who she really was. Her new birth certificate showed her place of birth as Jedburgh in Scotland, so she knew she needed to go there for answers.

In her distressed state she stepped into the path of a motorbike and was run down. The subsequent events; from her meeting of Dr Rory Brandon, neurologist at the hospital in London to her eventual arrival in Hundredfield in Scotland; there were strange and unsettling things happening to Jesse. Why did she feel she knew the old Castle? Who was the woman she continued to see in her dreams? And could she find her birth mother and find out about her past.

I enjoyed this book, it had intrigue, ancient secrets and fairy tales told from long ago.

Christmas Raffle Drawn 26th November Winners

1 st Prize	Carmel Morris
2 nd Prize	Judith Moore
3 rd Prize	Ray Humphries
4 th Prize	Denise Stokes
5 th Prize	Joan Preece





YOUR TIME IS THE BEST GIFT TO YOUR LOCAL COMMUNITY



Do you have some spare time?

Would you like to give back to your local community?

CONSIDER VOLUNTEERING WITH STAR

A few hours of your time can make a huge impact in the lives of vulnerable people who are aged or have disabilities.

FIND YOUR IDEAL ROLE

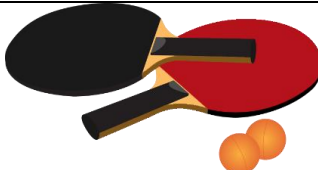



- ▶ Volunteer Drivers/ Volunteer Owner Driver
- ▶ Companionship Volunteers to support isolated seniors
- ▶ Technology Tutor
- ▶ Administration volunteers



Take the first step towards making a positive impact in your local community. Volunteer around your schedule, make new connections and learn new skills.

Simply call STAR on 07 3821 6699 or visit www.starcommunityservices.org.au

Monday			
UFO Craft (<u>U</u> n <u>F</u> inished <u>O</u> bjects)	9:30am-12 noon	Riverview	Donation Morning Tea to share
Social Art	9:30am-12 noon	Riverview	Donation
Tuesday			
Drop In 4 a Cuppa	10 -12 noon	Riverview	Donation
Tai Chi for Health	1pm-2pm	East Ipswich	Donation
Tai Chi for Health	1pm	Goodna	Donation 3818 1648
Table Tennis	1pm-4.30pm	Riverview	Donation bring Afternoon Tea to share
Walking	4.30pm	Ipswich CBD Locations vary	Bring Hat, Water, appropriate shoes
Wednesday			
Learn to Play Bridge	9.30 am-12.30pm	Cascade Gdns Raceview	Contact Garry 0411 876 668
Indoor Carpet Bowls	1:30pm – 4:30pm	Raceview	Donation Afternoon Tea to share
Table Tennis	1pm-4pm	Springfield	Donation Afternoon Tea to share
Thursday			
Walking	8.30 am	Varies	Bring Hat, Water, appropriate shoes
Tai Chi for Health (inc Tai Chi for Diabetes)	1-2pm Beginners 2-3pm Advanced	Cascade Gdns Raceview	Donation Irene 0497 808 402
Friday			
Canasta /Cards	9.30am-12.30am	Brothers	Donation / Bring Lunch
Mahjong	9.30 – 12.30pm	Y Tavern	Donation
Concert Party Kath 3201 6075	1-3pm 2.30 A/noon Tea	Raceview	Donation bring Afternoon Tea to share
Table Tennis	1pm-4.30pm	Riverview	Donation Afternoon Tea to share
Canasta Players, Bridge players and Indoor Carpet Bowlers Wanted!			

Groups	Group Address	Other Activities
Art UFO Craft Table Tennis Tuesday Table Tennis Friday	Riverview and District Community Centre Hall, 138 Old Ipswich Rd, Riverview	Theatre Group Ipswich Little Theatre Weekend Matinee when Shows are scheduled
Learn to Play Bridge Tai Chi for Health Thursday	Community Hall Cascade Gardens 67 Cascade St, Raceview	Drop In 4 a Cuppa Tuesdays from 10am 138 Old Ipswich Rd, Riverview
Tai Chi for Health Tuesday	Trinity Uniting Church Hall, 114 Jacaranda St, East Ipswich	Mahjong Contact Dianne 0427853048
Concert Party Indoor Carpet Bowls	Raceview Congregational Church Hall, Wildey St, Raceview	Social Outings Various Events throughout the year Costs and Venues vary
Table Tennis Wednesday	Aveo Springfield 1 Symphony Way, Springfield Lakes	
Tai Chi for Health Tuesday Goodna	Goodna Neighbourhood House 33 Queen St, Goodna	
Walking Tuesday	Ipswich Various Locations	
Walking Thursday	Queens Park Ipswich	



*****Christmas Closure*****

The office at Riverview will close over the Christmas Holidays
 From Thursday 19th December Until Monday 13th January 2025

HELEN BRYAN

Taking the stress out of selling

Excellent firsthand knowledge from having lived locally for over **40 years**. Over 20 years of industry experience, sharp negotiation skills and a warm and friendly communication style.



Contact me for your free property price report

0418 722 135 / 3510 5238

helenb@remax.com.au

RE/MAX
Profile Real Estate

in conjunction with Urban Land and Project Marketing Pty Ltd.



It's that time of year when people go away. Recommendations on things to do before going on holidays

- If possible, set up timers on your lights to look like someone is home.
- Put a stop on mail and papers being delivered.
- Unplug all electronics equipment.
- If you have an alarm, alert the company maintaining.
- Turn off the water supply.
- Leave a clean kitchen – dirty plates and crumbs bring pests & vermin.
- Empty the rubbish bin, arrange someone to put the wheelie bin out and bring in if needed.
- Remove items that may spoil from the fridge.
- Gardens – put a timer on the sprinkler system.
- Have a neighbour check the property regularly.
- Make sure the property is securely locked.

Happy holidays Everyone!

Get ready to experience the ultimate tribute to country music royalty! DOLLY: I Will Always Love You is a spectacular celebration of the one and only Dolly Parton!

With a career spanning over 100 million records sold and 26 number one hits, Dolly's legacy is a testament to her enduring talent and charm. Brooke McMullen masterfully captures the essence of Dolly, delivering powerhouse vocals, stunning costumes, and a captivating stage presence.

This high-energy show takes you on a musical journey through Dolly's greatest hits, including 'Jolene', '9 to 5', 'Coat of Many Colors', 'Here You Come Again' and so many more. Backed by a talented live band, Brooke's performance is a fitting tribute to a country music legend.

Join us for an unforgettable evening of music, sparkle, and country charm. DOLLY: I Will Always Love You is a must-see show that will leave you

smiling, singing along, and celebrating the one and only Dolly Parton.

Ipswich Civic Centre, Friday February 7th 2025

Book online or contact the Box Office (07) 3810 6100

<https://www.ipswichciviccentre.com.au/event/dolly-i-will-always-love-you/>



GRANDPARENTS MAKE LOVE GO AROUND!

By Ethel Llewellyn

Grandparents were once parents and experienced trials and tribulations on the run, trying to do always the right thing by their children. So hard for many, frustrations galore and on the other hand joy unimaginable. Seeing families come together can be the happiest experiences, though on the other hand they can be so hard to work through when circumstances change and they are left dangling trying to make extraneous decisions that can have long term outcomes.

Living in close quarters with family can be such a wonderful time having family close by on a daily basis. Some families yearn of living together, though for some it is a never to be situation. Time changes things and over many years family members dwindle in numbers and not only because death presents itself but maybe people move away and are living in another country, or like, in Australia, being in another State can feel like it is a million miles away and time spent together is sparse but oh so precious.

Having visits can be daunting for many older grandparents, so used to spending so much time alone and when loved ones call feelings well up and contact of any sort sometimes can become unbearable. Even to the point when it can be felt like an invasion of their own personal space. These feelings can arise when, in some instances, through no fault of the individual, they are held back by the inability or even the incapacity of getting out and about and away from the usual daily routine of living within the confines of their own four walls.

Chatting and listening are becoming lost skills and allowing one to speak, without interruption, is a learned skill. One that can be mastered with patience and so the generational gap can be narrowed down. Perhaps a phone call each and or every other day, a chat for ten minutes, can be of such help in curbing loneliness. Some people these days even take on an elderly person living on their own as a pal of sorts. Sometimes even to the point of adopting 'a grandparent' allowing the children to experience the feeling of having an elderly person in their lives. Sharing the love! Gifting in time spent to allay the feeling of loneliness and boredom. With the advent of improved technologies and the older person can work the internet 'FaceTime' is becoming invaluable in allaying any feelings of estrangement.

Any time spent with a grandparent OR even a great grandparent is a gift. Quality in that time spent is vital and if at all possible to gather say, all four generations together, if there is a situation like that, can be a glorious event to observe. Memories made are just so invaluable, not just at Easter or Christmas but on a regular basis all year round. So, with the promise of Christmas festivities and New Year Celebrations maybe people can really consider sharing well spent time together so as to make the world go round with smiles all over.

So much to learn from our Elders on all levels and just by chatting maybe, just maybe, doing and being together will enrich LIFE! Enjoy!

CRANBERRY AND PECAN CHEESE BALL

From Yvonne Jonker

- 500g cream cheese
- 1 & half cups shredded sharp cheddar cheese
- 1/2 cup chopped dried Cranberries
- 1/2 cup chopped pecan Nuts
- 1 tablespoon honey
- 1 teaspoon Worcestershire sauce
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion cranberries
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper
- 1/2 cup additional chopped pecans (for rolling)
- 1/2 cup additional chopped cranberries (for rolling)



Mix Ingredients: In a large bowl blend cream cheese, shredded cheddar, cranberries and pecans nuts. Plus all the other ingredients, mix well until combined.

Forming Cheese ball: Shape the mixture into a ball and wrap in plastic. (I rolled mine into 2 smaller balls).

Chill in the fridge for up to an hour to firm up.

Prepare The Coating: mix the additional pecans and cranberries in a small bowl.

Unwrap the cheese ball and roll in outer coating mixture pressing the coating evenly.

Serve straight away or store in the fridge until needed.

Serve with crackers..... Enjoy!

Qld Government Emergency and Preparedness for Disasters

[Prepare your emergency plan](#)

Prepare your household (you, your family and your home) for an emergency in 4 simple steps. Use the household emergency plan to record key contacts, meeting places, phone numbers and medical information so that everyone in your home knows what to do in an emergency.

[Prepare for evacuation](#)

Information to help you prepare for evacuation. If you live in a flood- or bushfire-prone area, planning for evacuation now can save you time when the official advice is given to evacuate. Find out what items to include in your evacuation kit and what to do before evacuating.

[Emergency kit: essential items, all times](#)

Find out what you should always have in your emergency kit and what to add to your kit during storm or cyclone season. Use the checklist to confirm you have enough food, water, medical supplies, clothing, footwear and tools, as well as important documents.

[Prepare your home](#)

Information and advice to help prepare your home for emergencies. Use the list of suggested tasks to minimise potential damage to your property before the storm or cyclone season starts. Find out what to do if you live in a flood-prone area or in an area affected by severe storms, and what to do when a severe weather warning is issued.

[Tune into warnings!](#)

Stay informed about severe weather warnings and other emergencies so that you can respond quickly when you are directed to act. Find out how to tune in to receive warnings, where to get information online, what signals to listen for, and who to contact in an emergency.

[Check your Neighbours](#)

Find out how you and your neighbours can help each other in an emergency. Get to know your neighbours before an emergency situation occurs and check on them before and after the emergency. Use our template to record key information about your neighbours.



**PET
SEVERE WEATHER
EMERGENCY PLAN**

Keep your animals safe.

**get
ready**
QUEENSLAND

RSPCA
Queensland

PROUD PARTNERS OF
GET READY QUEENSLAND

 **Queensland
Government**

[Pet emergency plan](#)

Prepare a pet emergency plan and get your pets ready for situations requiring them to be moved to temporary animal shelters. Find out what to add to your pet emergency kit and what information, such as identification and vaccination records, you will need for admitting your pet to an animal shelter.

[Get Ready](#)

The more prepared we all are, the faster we'll bounce back afterwards. That's why we're asking for your help to Get Ready Queensland.

[Food during a disaster](#)

- [Emergency pantry list](#)
- [Breastfeeding during an emergency](#)
- [Formula feeding during an emergency](#)

[Accessing medicine during a disaster](#)

How you can get your medication during an emergency.

<https://www.qld.gov.au/emergency/dealing-disasters/prepare-for-disasters>

IPSWICH DISASTER DASHBOARD

<https://disaster.ipswich.qld.gov.au/>

<https://www.getready.qld.gov.au/>

The birth Flower for December

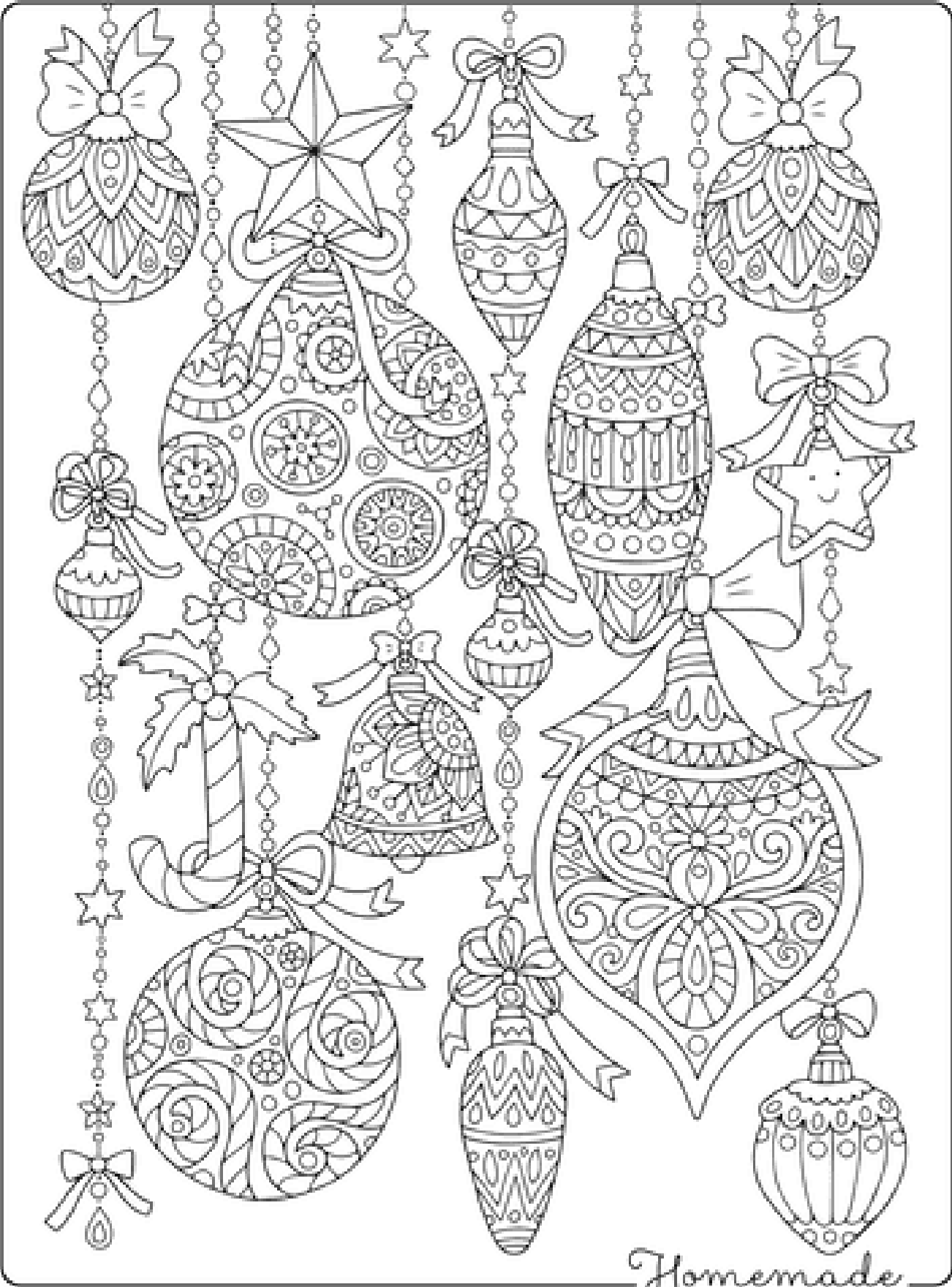
December has not one, but two lovely birth flowers: holly and narcissus! Holly, with its shiny green leaves and red berries, symbolises happiness and is a favourite for Christmas decorations. It even has a history with the ancient druids. On the other hand, narcissus is a pretty flower with trumpet-shaped petals that comes in various colours, bringing hope and representing self-love.

Plus, it has an interesting Greek mythology connection. So, December birthdays get a double dose of beauty and positivity.



*Happy birthday to our Members who were born
in December and January,
Happy belated birthday to any Members we may have missed.*

Greg Exton	2 nd December	Lyn Hurst	3 rd
Jean Betts	4 th	Doreen Marks	5 th
Barry Beetham	7 th	Lyn Devlin	7 th
Sandi Sheavils	10 th	Phillip Barnsley	12 th
Julie Golding	12 th	Marianne King	13 th
Ethel Llewellyn	14 th	Elaine Hatcher	14 th
Nelly Van Hal	18 th	Gailene Miller	19 th
Lorraine Hughes	19 th	Lois Hobart	20 th
Karen Batterham	24 th	Anne Smith	31 st
John Livingstone	3 rd January	Alfia Cavallaro	5 th
Lyn Bryant	10 th	Joan Preece	15 th
Kevin Ardrey	15 th	Majorie Davis	19 th
Kay Mischke	28 th	Maree Harvey	31 st



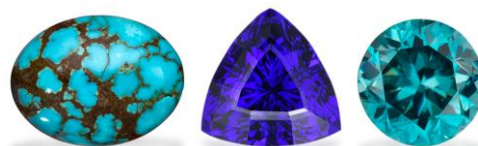
Homemade
GIFTS MADE EASY

November Answers

2	5	8	7	9	1	3	4	6
4	1	9	5	3	6	8	2	7
3	6	7	4	8	2	5	9	1
6	3	2	1	4	8	7	5	9
8	7	4	9	6	5	2	1	3
5	9	1	3	2	7	6	8	4
9	4	5	8	7	3	1	6	2
7	8	6	2	1	4	9	3	5
1	2	3	6	5	9	4	7	8

December Birthstones

Tanzanite, Turquoise or Zircon. From the blue to bluish purple of tanzanite, to the intense blue and green of turquoise, to the rainbow varieties of zircon – there’s a colour for everyone. If blue is what you’re looking for, all three have their own unique take on this favourite hue.



December Trivia from Meg

1. Kilcoy is in which Australian State or Territory?
2. Tea Tree Bay is on the Sunshine Coast. True or false?
3. Quicksilver is another name for what metal element?
4. When was the first time that Christmas was celebrated?
5. Which Australian prime minister was nicknamed – The Silver Bodgie?
6. How many legs does a scorpion have?
7. Which of these chocolate items was not an Australian invention?
Peppermint Crisp, Violet Crumble Bar or Freddo Frog
8. Is a common saying, something rare is said to be “scarce as hen’s”?
9. What never asks a question but gets answered all the time?
10. What dance completes the saying – It takes two to What?
11. What tree is a major source of food for a silkworm?
12. How many months have 28th days?
13. What musical features the song “You’re the one that I want”?
14. Is someone is descending are they going up or down?
15. Which moves faster, heat or cold?
16. A pacemaker is a medical device that assists with the function of what?
17. The outback town of Birdsville is in what state or territory?
18. What is nicknamed “The sport of kings”?
19. The German WW1 fighter pilot Manfred von Richtofen is known as?
20. The Serengeti is a region on which continent?

8		1	6	4				
9	2			1		3		
6	7					4	5	
	9		1					4
	1	7	5		2	8	9	
3					7		6	
	4	5					3	8
		8		2			1	9
				5	6	7		2

January has two special flowers for people born in that month: carnations and snowdrops.

Carnations come in many colours and look pretty, while snowdrops are white and pop up even in snowy places, giving hope for spring.

Both flowers make January birthdays extra special.



November Trivia Answers from Meg

1. A person who can't sit still may colloquially be said to "have ants in their" what? *PANTS*
2. How many deadly sins are there? *SEVEN*
3. Chevon is the meat from which animal? *GOAT*
4. In which decade did 1c and 2c pieces go out of circulation in Aust? *1990's*
5. What relation to you is your grandmother's brother? *GREAT UNCLE*
6. What brand was advertised on TV by Louie the Fly? *MORTEIN*
7. You can survive without a gallbladder. True or false? *TRUE*
8. Which car firm made the Corona model? *TOYOTA*
9. In which Australian state or territory is the Otway rainforest? *VICTORIA*
- 10 typically a human body consists of 206 what? *BONES*
- 11 The Royal Gala is a variety of what fruit? *APPLE*
- 12 Born in the USA, was released by which singer? *BRUCE SPRINGSTEEN*
- 13 What age did Cher turn in 2021? *75 YEARS OLD*
- 14 How many ounces in a pound? *16 OUNCES*
- 15 Is a bongo an antelope, a bird or a spider? *ANTELOPE*
- 16 The retina is part of which human sensory organ? *EYE*
- 17 Who married actor Richard Burton twice? *ELIZABETH TAYLOR*
- 18 In what city was Chris Hemsworth born? *MELBOURNE*
- 19 What does a spirometer measure? *LUNG CAPACITY*
- 20 Which city is set to host the 2026 Winter Olympics? *ITALY*

Welcome to All New Members

Activities Update

Activities on offer at Ipswich 60 and Better are entirely up to you, local Ipswich seniors. We are currently looking for things to introduce as new activities. If you have an idea, please let us know and we will try and add it to the program.

Volunteers wanted

- Table Tennis, Chess, Euchre, 500 Convenors
- People with a passion for Fundraising
- Office support and Venue Host/Hostess volunteers *with Thanks*

Tai Chi for Health

Goodna Neighbourhood House **Tuesdays** 1pm 3818 1648

Marburg and Rosewood: For more details contact Irene 0497 808 402

Check out our Facebook page at: <https://www.facebook.com/IpsSixtyandBP>

Visit our website for

information and upcoming events at www.60andbetteripswich.com.au.

If undeliverable return to:
Ipswich 60 and Better Program Inc.
PO Box 608
Booval Fair Q 4304

**SURFACE
MAIL**

**POSTAGE
PAID**

Australia Post Publication
100019013